

# MEET THE PERCUSSION INSTRUMENTS!

## Drum Kit



## Find out more

The drums haven't always looked the way they do now. It wasn't until the mid-1800s that percussionists started to experiment with the idea of one person playing multiple instruments at the same time. The first drum kit as we know it today was created in the 1920s. Today, drums can be found in lots of different groups such as rock bands, jazz bands, percussion ensembles and concert bands to name a few! Learning the drums will help to develop coordination and fitness, with the heart rate of drummers averaging at 140-150 beats per minute, and peaking at 190 beats per minute. It will also help to build self-esteem, and offers a wide range of musical styles.

## Have a listen!



## Percussion



## Find out more

Second only to the voice, percussion instruments have been around since 6000BC! Originally they were used for communication purposes and in different countries throughout the world, they still have strong ceremonial, sacred, or symbolic associations. In the West, although some limited percussion was used by Bach and Mozart, it wasn't until the 20th Century that composers started using the vast range of instruments in their works. There is lots of exciting repertoire to explore! Learning to play percussion is a great way to express yourself. It's also very good for you, reducing stress levels, developing motor skills, boosting brain power and even increasing fitness. Drum students burn an average of 270 calories in half an hour! Percussion is also very sociable and a great way to make new friends.

## Have a listen!

