

Living Well Singing Cafe

TILEHURST

WEEKLY ON THURSDAYS
10:15AM-11:00AM AT
BERKSHIRE MUSIC TRUST
READING MUSIC CENTRE,
100 COCKNEY HILL
RG30 4EZ
(DURING TERM TIME)

NEWBURY

WEEKLY ON WEDNESDAYS
2:15PM-3:00PM AT
WATERSIDE
YOUTH CENTRE,
NEWBURY
RG14 1DS
(DURING TERM TIME)

Boost your health and sing in this informal group, no singing experience needed!

**Help improve lung health, posture, vocal strength,
mental health, laughter and friendship!**

Our current age range is 44-94, come along and try a session!

Come and try a FREE taster session! Suggested donation is £5 per session

Please email singingcafes@berksmusictrust.org.uk

